

Vision

Healthy, Happy, Safe Children

This holds true for all children within the community regardless of ability, health, religion, ethnicity or family structure.

Mission

St George Family Support Services Inc. will work with families to help them build their knowledge, skills and resilience, whilst affirming their social, cultural and linguistic identities. We will support local families to provide safe environments for children, strong relationships and a healthy, harmonious community through the provision of strength based services.

This comes from the belief that a community enables a sense of belonging for everyone when it supports families to reach their full potential within an environment that values the richness of diversity.

Values

Empowerment

Respect

Equality

Social Justice :

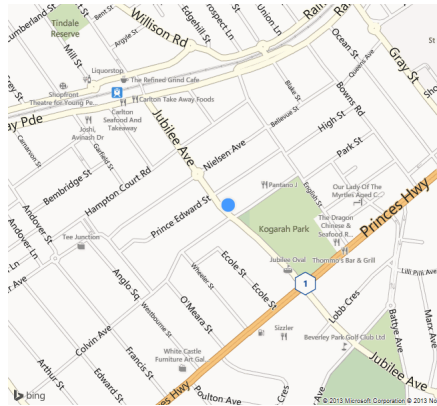
- Access
- Equity
- Rights
- Participation



St George Family Support Services Inc.
Healthy, Happy, Safe Children

St George Family Support Services Inc.

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Funded by NSW Family and
Community Services



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Case Management

Referral

Information

Family Support Workers will assist families to address issues that may impact on their ability to raise healthy, happy and safe children.

- Child Growth and Development
- Child Protection Issues
- Domestic & Family Violence
- Financial Issues
- Housing
- Legal
- Parenting
- Relationships

Groups

Programs

Workshops

Families are given the opportunity to share information, build knowledge around pregnancy and parenting, develop positive relationships and promote environments which nurture and protect children.

Topics

- Child Development, Health & Behaviour
- Keeping Children Safe
- Safety Around The Home
- Creative Play
- Nutrition and Healthy Eating
- School Readiness
- First Aid
- Self Esteem & Relationship Building
- Stress Management, Relaxation & Self-care
- Budgeting

Groups/Workshops/Programs Available:

- Tuesday Parent Group
- Chinese Parent Group - in Mandarin
- Peer Support
- Outreach
- “Bringing Up Great Kids”
- “Circle of Security”
- “123 Magic”
- “Playpower”
- “Parenting in Australia” - in Mandarin

Parenting Kits

Parent Library

Resources

St George Family Support Services Inc. has developed a comprehensive Parent Library of books, DVDs and pamphlets that aim to ease stressful parenting issues for families.

Topics

- Behaviour and Development (0-teens)
- Toilet Training
- Tantrums
- New Sibling
- Family Separation
- Grief and Loss
- Sole Parents
- Domestic Violence
- Doctor, Dentist, Hospital
- Healthy Eating

